

Spa Hours:

Hours are from 08h00 - 18h00.

Bookings are essential, subject to availability and made in advance.

Should a treatment be required outside of these hours we will endeavour to honor such a request.

Health considerations:

Please be sure to notify our therapist when making your reservation should you suffer from high blood pressure, any allergies, are pregnant or suffer from any other medical conditions.

Punctuality:

With in room treatments your therapist will arrive 10 minutes prior to the scheduled appointment time to set up the area.

Please ensure that you are available in your room at that time. Any late arrivals will constitute a reduced treatment time.

Cancellation policy:

You are requested to cancel at least 6 hours prior to your scheduled appointment time. Should you fail to do so the full treatment cost will be charged.



African Spa collection

Zwahili Game Lodge

PO Box 9899, Centurion, 0046

Tel: +27 12 653 4340 Fax: 0866 849 535

E-mail: zwahili@iafrica.co.za Web site: www.zwahili.co.za



AFRICAN MASSAGE COLLECTION

Body, Mind & Soul.....



SPIRIT OF AFRICA MASSAGE **60 min. R450**

A soul surrendering full body massage, using a blend of African oils designed to ease away tension, enhance and restore the body.

CHUNGU MASSAGE **60 min. R450**

The Swahili word for strong. A deep tissue and pressure point massage, relieving deep tension, leaving the muscles energized and revitalized.

ROYAL DELUXE HOT STONE JOURNEY **90 min. R650**

A sensory full body massage using warm natural river pebbles and aromatic oils to release any emotional blockages, ease muscle aches and hydrate the skin.

HOT STONE TOUCH **30 min. R350**

A back, neck & shoulder massage using warm river pebbles and pressure points to release stress and tension in these areas.

NISHATI TREAT **30 min. R300**

Relax and unwind... while you experience this wonderfully relaxing massage focusing on the back, neck & shoulders

ESSENCE OF AFRICA AROMATHERAPY **60 min. R450**

A gentle full body massage using a special blend of therapeutic oils to relax and calm mind, body & soul.

SHEMANS HEALING REFLEXOLOGY **30 min. R350**

An ancient traditional pressure point massage on the feet to enhance circulation, relieve stress and restore balance and harmony in the body.

AFRICAN GODDESS HEAD MASSAGE **30 min. R280**

A relaxing and pampering neck, scalp and face massage using a pure blend of nourishing essential oils to bring oxygen and nutrients to the muscles, hair and skin.

AFRICAN FOOTPRINT RITUAL **45 min. R350**

A revitalizing foot soak, followed by filing, a salt scrub, and a pressure point massage with a warm nourishing butter, for improved circulation, soft skin and complete relaxation. Finish off with clear top coat or add R60 for French.

AFRICAN HANDPRINT RITUAL **30 min. R280**

In this pampering experience your hands are polished with an African scrub, cuticles restored with healing oils, massaged with a nourishing butter and wrapped in warm mitts, leaving your hands soft and invigorated. Finish off with clear top coat or add R60 for French.